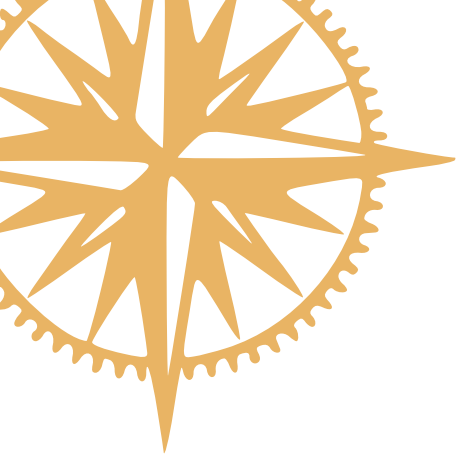




The 2026 Annual Forum

Let's Journey Together

Reflect. Envision. Take Action.

A guided companion for your journey through the rest of 2026.

Every journey is richer when traveled with others and yours is already underway. Before we gather at the American Swedish Institute, take some quiet time with this guide.

There are no wrong answers here, just space to notice how far you've come, imagine where you're headed, and start shaping what comes next.

Bring your thoughts with you on July 20th, we'll build on them together.

PART ONE

Reflection

Look back before you look forward — what has this year already given you?

1. What have you accomplished so far this year?

Include both personal and professional items and what you overcame.

2. What is something that surprised you this year?

3. What are 1–2 lessons you’ve learned?

4. Where do your goals no longer feel aligned?

5. What’s one adjustment that could make the rest of the year feel more purposeful?

PART TWO

Visioning

A chance to picture where your journey is headed in Life, Business, and Leadership.

A favorite exercise of our BWC Circles.

Take a few minutes to imagine what you want the rest of this year and beyond, to look like. Start with Life first, before Business or Leadership. Your business should support the life you want, not the other way around. The questions are prompts to help you.

LIFE

What will be happening? What's different?

What is happening with your family, home, health?

How do you want to feel?

BUSINESS

What's happening in your industry / business?

What are you trying to do: grow, scale, add to your team, shift who you serve...?

What skills or role do you want to be building toward?

LEADERSHIP

What does your leadership look like?

Who or where are you leading? Work? Industry? Community?

What impact are you making?

This page is for you. You won't need to share it . Feel free to write, sketch, or free-flow, whatever works.

PART THREE

Planning & Taking Action

Bring this page with you on July 20th, we'll fill it in together as the next leg of your journey takes shape.

1. Where do you want to go next on your journey?
2. What is one step you could take in the next 30 days toward your vision?
3. Who or what could support you in taking this step?

MY ONE COMMITMENT FOR THE REST OF 2026

